Primary Health Care Provider



The Importance of the Primary Care Physician Relationship

The right doctor can have a positive impact on your health and well-being. Choosing one in your plan can save you money as well. The following information can help you find a doctor who is a good fit for you and your family.

When you see the same doctor over time, they can:

Your Health	Your Time & Money	Your Care	Your Education	Your Availability
They know your medical history and can connect the dots quickly if you have health issues	A PCP can help you stay healthy with preventive care and manage chronic conditions/ medications	They coordinate with your other doctors to agree on your next steps for your health	Call your PCP first when you have an illness, minor injury, or flare-up. They can advise you where to go for care	Many PCP's have evening or weekend hours. Some may also offer telehealth if applicable within your plan structure

What to consider when choosing your doctor

- Find someone who will make you *comfortable*
- Find someone who will *listen* to your needs
- Find someone who will *explain* things clearly
- Find someone *within your health plan's network*