

● ● ● ManYOUufacturing a Healthy 2025 and Beyond!

FREQUENTLY ASKED QUESTIONS

Q: How do I earn my incentive for 2026?

Complete the two (2) wellness program activities between November 1, 2024 and October 31, 2025.

1. Annual Physical OR Biometric Screening
2. One Preventive Screening OR One Vaccination

Q: How will Myers know I completed the two (2) wellness requirements?

You will receive credit via Anthem or Delta Dental claim confirmation. Myers will receive monthly reports identifying employees and spouses who completed the activity. Please allow time for processing.

Q: Can I complete the program by only completing the Annual Physical and Biometric Screening?

No. You must complete either the annual physical and/or the biometric screening a preventive screening or vaccination.

Can I complete the program by completing the preventive screening and receiving a vaccination?

No. You must complete either the preventive screening and/or the vaccination PLUS an annual physical or biometric screening.

Does my spouse (Non-Myers employee) have to complete the two (2) wellness program activities?

Yes. If your spouse is covered under the medical plan, in order to receive the medical premium discount in 2026 your spouse must complete the wellness program. Spouse completion without team member completion will result in partial credit and vice versa.

Does my spouse (Non-Myers employee) have to complete the two (2) wellness program activities?

Yes. If your spouse is covered under the medical plan, in order to receive the medical premium discount in 2026 your spouse must complete the wellness program. Spouse completion without team member completion will result in partial credit and vice versa.

Q: How do I receive the credit if I am a new hire?

- You will automatically receive the wellness credit for the current plan year medical premium. In order to receive the wellness credit for the 2026 medical premium, you will need to complete the two (2) wellness activities by October 31st.
- Employees hired September 1, 2025 or later do not need to complete the activities by October 31st, they will automatically receive the wellness credit for 2026.



FREQUENTLY ASKED QUESTIONS

Q: What are the recommended preventive screenings I can receive?

[CLICK HERE](#) to view age-gender-appropriate screenings. Please note that dental and vision exams are considered preventive as well.

Q: What are recommended vaccinations I can receive?

Recommended vaccinations include: flu shots, COVID vaccine or booster, chickenpox, diphtheria, HPV, pneumococcal, rubella, shingles, tetanus, RSV and more. [CLICK HERE](#) for more information on recommended vaccines.

Q: When do I need to have my Physical OR Biometric screening completed?

Physical and/or Biometric screenings must be completed between November 1, 2024 to October 31, 2025.

Q: When do I need to have my Preventive screening OR Vaccination completed?

Preventive screenings and/or Vaccinations must be completed during November 1, 2024 to October 31, 2025.

Q: Who do I contact with further questions or assistance regarding the program?

- Visit [Mymyrsbenefits.com](https://mymyersbenefits.com); click on Wellness Programs
- Contact your local HR Representative

Other Important Information:

- We will continue to provide onsite Biometric and Flu Shot clinics at participating locations in the fall. More details to come.



Please note that this wellness program is voluntary. If you think you might be unable to meet the standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Please see Human Resources as we will work with you (and your doctor, if you wish) to establish an alternative goal with the same reward that is right for you in light of your health status. This is a VOLUNTARY wellness program; [click here](#) to read this compliance notice.

