

Myers Industries Total Rewards



Myers US Team Members,

The Wellness Program guidelines are here! Please read the below to make sure you'll qualify for premium discounts come 2025!

Complete 3 Wellness Program activities listed below in no particular order by October 31st, 2024, to earn the wellness rate for the 2025 benefit year:

Activity 1 - Annual Physical OR Biometrics

- Annual Physical: Simply make an appointment for your annual physical. If you get your physical through a Myers onsite screening event, the information will automatically load onto the Wellworks for You website. If you visit your physician or a local clinic and use your insurance, you will receive credit via an Anthem claim confirmation. You may also print out the physician form, take it to your appointment, have your doctor fill it out, and upload the completed form to [Wellworks For You](#).
- Biometrics include glucose, total cholesterol, HDL cholesterol, TC/HDL ratio, LDL cholesterol, and triglycerides.
 - Sign up for a Myers onsite screening event (in the fall), and the information will automatically load onto the Wellworks for You website OR...
 - Get your bloodwork taken using a voucher through [LabCorp](#). Schedule your LabCorp appointment and follow the instructions on the flyer to complete the screening. Lab work completed through LabCorp will be sent directly to Wellworks for You for credit OR...
 - Get your bloodwork taken by your physician. Print out the Physician Results Form linked [HERE](#), take it to your appointment, have your doctor fill it out, and upload the completed form to [Wellworks For You](#).

Activity 2 - Attest Non-Tobacco Status OR Complete the Tobacco Cessation E-Learning Series

- Non-Tobacco Users: If you do not use tobacco, you can self-report this on your [Wellness Portal homepage](#).
- Tobacco Users: If you are using tobacco, you must complete the six-week Tobacco Cessation eLearning Series in the Wellworks for You portal by October 31, 2024.

****Please Note:** The Tobacco Cessation program, including all quizzes and surveys, must be completed by October 31, 2024. To ensure that you complete the entire program prior to the deadline, you must begin the program no later than August 31, 2024. If you are unable to access the e-Learning Series, please contact Lara DeNune at l.denune@wellworksforyou.com.

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Activity 3 - One Preventive Screening OR Vaccination

Team members and covered spouses can complete one preventive screening of their choice or receive a vaccination.

- Preventive screenings include a dental exam, vision exam, well-woman exam, cholesterol screening, mammogram, colorectal cancer screening, prostate cancer screening, skin cancer screening, kidney screening, and lung screening.
- Vaccines include flu shot, COVID vaccine, chickenpox, diphtheria, HPV, pneumococcal, rubella, shingles, tetanus, RSV.

*Simply make your appointment for your preventive screening or vaccination and verify your completion on the homepage of the portal or home screen of the mobile app. Under Preventive Exams, select Get Started. Next, select the applicable preventive exam or vaccine you received from the list and select Click Here to Confirm Your Participation to enter your date of service. Then, click Confirm.

A Few Reminders:

- All required data must be collected between November 1, 2023, and October 31, 2024. Please allow ample time when scheduling your preventive screening or vaccination.
- The employee and spouse covered on the Myers medical plan must both complete the activities to receive full credit.
- For more information, visit the benefits website by clicking on the link: <https://mymyersbenefits.com/wellnessprograms>

Wellworks Login Instructions:

1. Go to wellworksforyoulogin.com
2. Your username will be:
 - Employee Format: Myers_EmployeeID
 - Example: Myers_12345 (leading zeros are not necessary)
 - Covered Spouse Format: Employee Username + S
 - Example: Myers_12345S
3. Your temporary password* will be: Date of Birth in MMDDYYYY format (Includes leading zeroes; No spaces, dashes, slashes, or other punctuation)
4. Accept the terms of the Consent Form
5. Fill in the required information