



2024 Wellness Incentive Program Frequently Asked Questions

Q. When do I need to have my wellness activities completed by?

A. Complete ALL 3 wellness program activities by October 31, 2024, to earn the wellness rate for the 2025 benefit year.

Q. If my spouse is on the Myers medical plan, do they need to meet the wellness requirements for me, the employee, to receive the medical premium reduction?

A. No. The employee and spouse earn separate wellness credits. One person can earn the credit, while the other does not (this is partial wellness credit).

Q. If my spouse is on the Myers medical plan, do they need to meet the wellness requirements to receive the medical premium reduction?

A. Yes. The employee and spouse earn separate wellness credits. Spouses have their own log in for Wellworks For You and need to complete the required activities in order to earn their own part of the incentive.

Q. What are the requirements to receive the wellness credit for 2025?

- A. Complete the 3 wellness steps by October 31, 2024
1. Annual physical or biometrics
 2. Attest non-tobacco status or complete the tobacco cessation E-learning series
 3. One preventive screening or one vaccination

Q. When do I need to start the tobacco cessation e-learning series program?

A. The Tobacco Cessation program, including all quizzes and surveys, must be completed by October 31, 2024. To ensure that you complete the entire program prior to the deadline, ***you must begin the program no later than August 31, 2024.***

If you are unable to access the e-Learning Series, please contact Lara DeNune at l.denune@wellworksforyou.com.

Q. Do I need to re-register for WellWorks For You or what if I forgot my WellWorks For You password?

A. If you and/or your spouse logged into WellWorks For You in 2023 and already have an account, then you will use the same username and password for 2024. There is no need to register again. If you are using WellWorks For You for the very first time or forgot your password, please click [HERE](#).

Q. How do new hires earn wellness credit?

A. New hires will complete the same activities as current employees. Employees hired July 1, 2024, through October 31, 2024 will need to complete 2 of the 3 wellness activities to receive the 2025 Wellness Credit.

Q. Being aware of spam or phishing emails, what email addresses can I expect to see in my inbox from Wellworks For You?

A. These are legitimate email addresses from Wellworks For You - @wellworksforyou.com, info@wellworksforyou.com, forms@wellworksforyou.com, direct@wellworksforyou.com, wellnessupdates@wellworksforyou.com, wellnessupdates@wellworksforyou.com, noreponse@wellworksforyou.com. However, if you are not sure about an email, reach out to your local HR to verify.

Q. How do I get credit for completing my annual physical?

A. Simply make an appointment for your annual physical. If you are getting your physical through a Myers onsite screening event, the information will automatically load into the Wellworks For You portal. If you are visiting your physician or a local clinic and use your insurance, you will receive credit via an Anthem claim confirmation. You may also print out the physician form linked [HERE](#), take it to your appointment, have your doctor fill it out and upload the completed form to [Wellworks For You](#).

Q. What are my options on how to complete my biometrics?

A. Sign up for a Myers onsite screenig event and the information will automatically load into the Wellworks For You portal. Or...

Get your bloodwork taken using a [voucher](#) through LabCorp. Schedule your LabCorp appointment and follow the instructions on the [flyer](#) to complete the screening. Lab work completed through LabCorp will be sent directly to Wellworks For You for credit. Or...

Get your bloodwork taken by your physician. Print out the physician form linked [HERE](#), take it to your appointment, have your doctor fill it out and upload the completed form to [Wellworks For You](#).

Q. What are the dates in which my 2024 wellness activities will count towards my 2025 wellness credit?

A. All annual physicals, biometric data, preventive screenings, and vaccines must be collected between November 1, 2023, and October 31, 2024. Please allow ample time when scheduling your appointments, as well as time for blood work to be processed by the lab.

Q. How do I get credit for completing a preventive screening or vaccination?

A. Simply make your appointment for your preventive screening or vaccination and verify your completion on the homepage of the Wellworks For You portal or home screen of the mobile app. Under Preventive Exams, select Get Started. Next, select the applicable preventive exam or vaccine you received from the list and select Click Here to Confirm Your Participation to enter your date of service. Then, click Confirm.

Q. When will I see the premium reduction in my paycheck?

A. Employees should see the reduction effective the first paycheck in 2025. If there are any delays, this will be communicated out as needed.

Q. Who is our wellness coordinator?

A. Lara DeNune from Wellworks For You is our coordinator. She can be contacted at l.denune@wellworksforyou.com. You may also contact customer service at 800-425-4657 or email info@wellworksforyou.com.

Q. What preventive screenings and vaccines qualify for wellness activity credit?

A. Preventive screenings include: dental exam, vision exam, well woman exam, cholesterol screening, mammogram, colorectal cancer screening, prostate cancer screening, skin cancer screening, kidney screening, lung screening

Vaccines include: flu shot, COVID vaccine, chickenpox, diphtheria, HPV, pneumococcal, rubella, shingles, tetanus, RSV.