



2024 WELLNESS PROGRAM



MYERS INDUSTRIES, INC.

Participate in your Wellness Program this year to earn a Wellness Credit on your medical premium.



Welcome to your 2024 Wellness Program!

Welcome to your 2024 Wellness Program! Myers Industries, Inc. is pleased to provide all medically enrolled team members and covered spouses with opportunities to participate in various wellness activities to earn a Wellness Credit on your medical premium. Your new program details are outlined in this guide.



ACTIVITY 1

COMPLETE AN ANNUAL PHYSICAL OR BIOMETRIC SCREENING

DEADLINE: OCTOBER 31, 2024



ACTIVITY 2

ATTEST NON-TOBACCO STATUS OR COMPLETE THE TOBACCO CESSATION E-LEARNING SERIES

DEADLINE: OCTOBER 31, 2024



ACTIVITY 3

COMPLETE ONE (1) PREVENTIVE EXAM OR VACCINATION

DEADLINE: OCTOBER 31, 2024

Important Reminders:

- 2024 Wellness Year - Eligible Activity Dates: November 1, 2023 – October 31, 2024
- Any employee spouses who are covered under the medical plan, must also complete all wellness activities to receive the Wellness Credit. Covered spouses have their own separate login credentials and Wellness Portal account. Please see page 5 for more details.
- Due to processing time, please don't wait until the last minute to complete activities or make inquiries about your Wellness Program, as there may not be sufficient time for response.

PROGRAM REQUIREMENT DESCRIPTIONS

ACTIVITY 1: COMPLETE AN ANNUAL PHYSICAL OR BIOMETRIC SCREENING

DEADLINE: OCTOBER 31, 2024

Complete your annual physical or biometric screening through **one (1)** of the following options:

- **Option 1 – Attend the Onsite Biometric Screening:** Details to be announced via email in the Fall.
- **Option 2 - LabCorp -** Visit a local LabCorp facility to complete your screening with lab work. Lab work completed through LabCorp will be sent directly to Wellworks For You. Participants can begin the process of scheduling an appointment with LabCorp by printing the LabCorp voucher located on the Wellness Portal within the **Wellness Locker** linked on the homepage or the **Menu** page. Follow the instructions on the flyer provided to complete the screening. The LabCorp Voucher can also be found at mymyersbenefits.com
- **Option 3 –** Visit your Primary Care Physician (PCP) for an annual physical with or without lab work. Print out the **Physician Results Form** located within the **Wellness Locker**, linked on the homepage or the **Menu** page, and take it to your doctor. All required metrics must be collected between **November 1, 2023 and October 31, 2024** and submitted to Wellworks For You by **October 31, 2024** to receive credit. You may also receive credit if you are visiting your Primary Care Physician (PCP), or local clinic and use your medical insurance at the time of the visit. Anthem Claims information will be reported directly to Wellworks For You for crediting, but can take up to 3 months to process. Please allow ample time when scheduling your annual physical and time for blood work to be processed by the lab and received by your PCP's office. Do not send lab results directly to Wellworks For You. Lab results should be documented on your **Physician Results Form** (located in Wellness Locker) and returned to Wellworks For You

ACTIVITY 2: ATTEST NON-TOBACCO STATUS OR COMPLETE THE TOBACCO CESSATION E-LEARNING SERIES

DEADLINE: OCTOBER 31, 2024

Team members and covered spouses must attest non-tobacco use **OR** complete the **Tobacco Cessation Program**, if applicable, to receive credit for this step.

- **Non-Tobacco Users:** If you certify that you do not use tobacco, you can **self-report** this on your Wellness Portal homepage.
- **Tobacco Users:** If you certify that you use tobacco, you must complete the **six-week Tobacco Cessation e-Learning Series** on the Wellness Portal by **October 31, 2024** to complete this activity.

TOBACCO CESSATION E-LEARNING SERIES*:

1. Log into your **Wellness Portal**.
2. Select the **Learning Center** tile from the homepage or via the **Menu** page.
3. Select the series **Your Guide to Going Tobacco-Free** from the Learning Center.
4. Complete the **Pre-Module Survey**.
5. Beginning with **Module 1**, you must watch each video and take the quiz associated with each module. If you do not pass the quiz (a 70% score or higher), you must wait **24 hours** before taking the quiz again.
6. You will be required to wait **one (1) week** in between each module before the next module will open.
7. After you finish **Module 6**, you must complete and submit the **Post-Module Survey**.

Please Note: The Tobacco Cessation program (including all quizzes and surveys) must be completed by **October 31, 2024**. To ensure that you complete the entire program prior to the deadline, you must begin the program no later than **September 15, 2024**. **If you are unable to access the e-Learning Series, please contact your Wellness Coordinator.*

ACTIVITY 3: PARTICIPATE IN ONE (1) PREVENTIVE EXAM OR VACCINATION

DEADLINE: OCTOBER 31, 2024

Complete one (1) preventive exam or vaccination and verify your completion on the homepage of the portal or home screen of the mobile app. Under **Preventive Exams**, select **Get Started**. Next, select the applicable preventive exam or vaccine you received from the list and select **Click Here to Confirm Your Participation** to enter your date of service. Then, click **Confirm**. Exams must take place between **November 1, 2023** and **October 31, 2024**.

Preventive Screenings Include: Cholesterol, Colorectal Cancer, Dental, Kidney, Lung, Mammogram, Prostate, Skin Cancer, Vision or Well-Woman Exam.

Vaccinations Include: Covid-19, Flu Shot, Chickenpox, Diphtheria, HPV, Pneumococcal, Rubella, Shingles, Tetanus, RSV.

INCENTIVES

Team members (EE) and covered spouses (SP) who are on a Myers Medical Plan must complete an Annual Physical or Biometric Screening, Tobacco Attestation/Cessation Program, and one (1) Preventive Exam or Vaccine by **October 31, 2024** to be eligible for the Full Wellness Incentive Credit on your medical premium. If a team member and spouse do not complete **ALL** Wellness Requirements, you would not receive the full savings on your medical premium for the following plan year. Annual savings vary by plan type. The below chart represents wellness incentive credits for the current plan year 2024. Please be advised that the wellness incentive credits are subject to change with each plan year.



*Team members (EE) with a spouse (SP) on your medical plan could receive partial Wellness Incentive Credit if only the team member **OR** spouse completes an Annual Physical or Screening, Tobacco Attestation/Cessation Program, and one (1) Preventive Exam or Vaccine by **October 31, 2024**.

Please Note: New Hires beginning **July 1, 2024** or later will need to complete two (2) of the three (3) wellness activities to receive Wellness Credit.

When Wellness Activities are completed, you can save money!

ANNUAL SAVINGS		
PPO Plan	Full Credit (EE and SP)	One Credit (EE or SP)
Employee		\$2,600.00
Employee + Spouse	\$5,200.00	\$2,600.00
Employee + Children		\$2,798.12
Family	\$5,200.00	\$1,706.64
Core HSA	Full Credit (EE and SP)	Partial Credit (EE or SP)
Employee		\$1,300.00
Employee + Spouse	\$5,200.00	\$1,300.00
Employee + Children		\$1,664.52
Family	\$2,687.88	\$1,092.00
Enhanced HSA	Full Credit (EE and SP)	Partial Credit (EE or SP)
Employee		\$1,950.00
Employee + Spouse	\$3,900.00	\$1,950.00
Employee + Children		\$2,591.68
Family	\$4,190.16	\$1,924.00

WELLNESS PORTAL

In order for your participation in the program to be tracked, eligible participants must be registered under the **Myers Industries, Inc., portal. Both team members (EE) and covered spouses (SP) under the Myers medical plan must log into their individual accounts and complete their activities.** Please follow the steps below to log into your Wellworks For You account. Your account has already been created for you.

In accordance with HIPAA confidentiality laws, your individual data is accessible only to you and the third-party vendor, Wellworks For You.

LOG INTO THE WELLNESS PORTAL

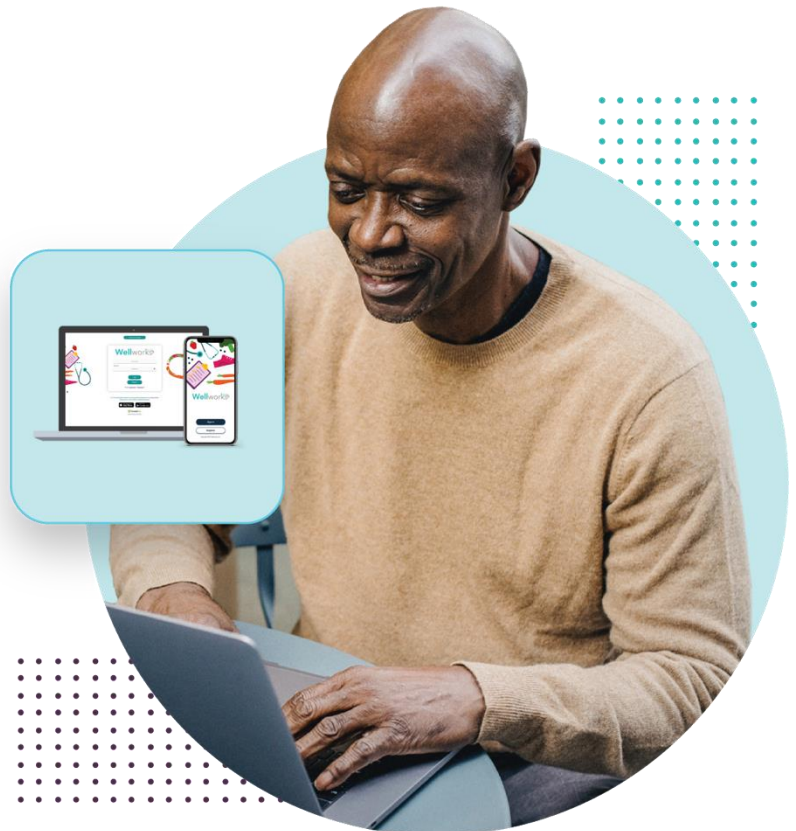
1. Go to www.wellworksforyoulogin.com
2. Your username will be:
 - **Employee Format:** Myers_EmployeeID
 - Example: Myers_12345 (*leading zeros are not necessary*)
 - **Covered Spouse Format:** Employee Username + S
 - Example: Myers_12345S
3. Your temporary password* will be: **Date of Birth in MMDDYYYY format** (Includes leading zeroes; No spaces, dashes, slashes, or other punctuation)
4. Accept the terms of the Consent Form
5. Fill in the required information

*PLEASE NOTE:

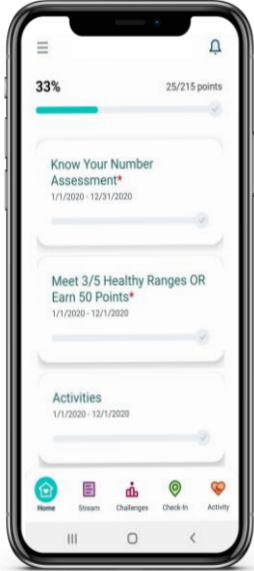
The temporary password is only for the first time you access the Wellness Portal and you will be prompted to change it upon entry. If you have accessed the Wellness Portal in the past, you should continue to use your existing password.

FORGOT YOUR USERNAME OR PASSWORD?

1. Go to www.wellworksforyoulogin.com
2. Click the link **Forgot Username** or **Forgot Password**
3. Follow the instructions to retrieve your username or reset your password
4. If issues persist, please contact Wellworks For You at **800.425.4657**



ADDITIONAL INFORMATION



SMARTPHONE APP

The Wellworks For You Portal App includes all of your favorite features from the Portal including programs and events listings, incentive tracking, and more! Simply search for **Wellworks For You** in the Play Store or App Store to download the free App.

NOTIFICATIONS INBOX

View your Wellness Program reminders in the **Notifications Inbox** located on the right side of your Wellness Portal homepage. Click on above the **Notifications Inbox** to view your Wellness Program reminders in detail.

VIEW DETAILS FOR PROGRAMS, EVENTS, AND ACTIVITIES

Events are listed on your personal Wellness Portal within **My Next Steps**. You can access this via the **My Next Steps** section on the homepage. To view more details about a program component, select **Get Started**. If there are sub-events associated with a component, they will display in the pop-up. Wondering what you have completed to date? The component under **My Next Steps** will be marked as **COMPLETED** in blue once the requirements are met. On the Portal homepage under **My Next Steps**, the status of each component will be displayed next to each program requirement (*Get Started, In Progress, or Completed*).

VIEW YOUR INCENTIVE PROGRESS

Looking for an overview of your progress to date?

- Log into your Wellness Portal (www.wellworksforyoulogin.com).
- View your program status right on the homepage in the top right-hand section.
- My Progress will show completion of required program components.
- For more details, click on any event title in the **My Next Steps** section. Selecting an event title will open a pop-up with detailed information.
- Once a component is complete, it will be marked as **COMPLETED**.

My Next Steps
0 Tasks Remaining

Biometric Screening

Complete this step by either attending the Onsite Biometric Screening, submitting the Physician Results Form, or utilizing a Voucher

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COMPLETED

Know Your Number Assessment

Complete the assessment by selecting the Know Your Number Assessment event title from the homepage or via the menu page. Complete all questions, except for the Health Metrics section. Wellworks will upload your screening results once you...

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COMPLETED

ACCESS ADDITIONAL RESOURCES UNDER THE WELLBEING DESKTOP

- Register for **Challenges** announced via email throughout the year.
- Sync your fitness device thru **Device/App Connect**.
- Participate in Free monthly Meditation Webinars.
- Participate in Free Bi-Monthly Financial Webinars.
- Access the **Learning Center** for E-Learning Classes.
- View the **Wellness Locker** for all forms and guides.



THE FINE PRINT

The Myers Industries, Inc., wellness program is a voluntary wellness program available to all employees. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program, you will be asked to complete an Annual Physical with Lab Work, which will include a lipid panel/glucose blood test and body measurements, a tobacco attestation or cessation program and complete one (1) preventive exam. You are not required to complete these components. However, employees who choose to participate in the wellness program will receive a wellness credit on their medical premium for 2025.

If you are unable to participate in any of the health-related activities or achieve any of the health outcomes required to earn an incentive, you may be entitled to a reasonable accommodation or an alternative standard. You may request a reasonable accommodation or an alternative standard by contacting Wellworks For You at 800-425-4657.

The information from your HRA and the results from your biometric screening will be used to provide you with information to help you understand your current health and potential risks, and may also be used to offer you services through the wellness program. You also are encouraged to share your results or concerns with your own doctor.

PROTECTIONS FROM DISCLOSURE OF MEDICAL INFORMATION

We are required by law to maintain the privacy and security of your personally identifiable health information. Although the wellness program and Myers Industries, Inc. may use aggregate information it collects to design a program based on identified health risks in the workplace, Wellworks For You will never disclose any of your personal information either publicly or to the employer, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellness program, or as expressly permitted by law. Medical information that personally identifies you that is provided in connection with the wellness program will not be provided to your supervisors or managers and may never be used to make decisions regarding your employment.

Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements. The only individual(s) who will receive your personally identifiable health information are the Wellworks For You team in order to provide you with services under the wellness program.

In addition, all medical information obtained through the wellness program will be maintained separate from your personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact Wellworks For You at 800-425-4657.



Questions about your Wellness Program? Visit mymyersbenefits.com or use the contact info below

Questions regarding your Wellness Program structure, status in the program, deadlines, etc. should be directed to your **Wellness Team** at info@wellworksforyou.com

Simply select **Contact Us** from the Portal homepage or Wellworks For You mobile app. Please allow 5-7 business days for a response. You can also call Wellworks For You at **800.425.4657** or use the online chat feature.

