

Meet your personal squad

Your Omada® care team is here to help you create a simple plan to **manage diabetes or lose weight**, and cheer you on every step of the way.



Which program can help you?



Managing Diabetes?

Control your blood sugar with less stress and more confidence.

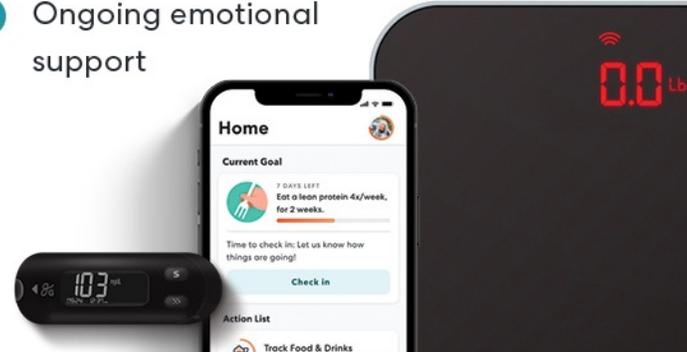


Want to Lose Weight?

No food restrictions. No counting calories. Lose weight and reduce your risk of developing diabetes.

What you get with Omada:*

- ✓ Smart devices included like a smart scale, continuous glucose monitor (CGM), and blood glucose meter
- ✓ A dedicated health coach and clinical specialist
- ✓ Ongoing emotional support



\$0/month. Every month.

Claim your benefit:

omadahealth.com/Myers

If you or your adult family members are at risk for type 2 diabetes, heart disease, or are living with diabetes, and are enrolled in the Myers medical plan, then you may be eligible for the Omada Prevention or Diabetes programs at no cost.

*Omada for Prevention or Diabetes is available at no cost when covered by your employer or health plan. Certain connected devices provided by Omada as a part of an Omada program are only available to members who meet certain program and clinical eligibility. CGMs are only available with the Omada for Diabetes program and only available to members within this program who receive a prescription and have a compatible smartphone. Eligible members will receive two (2) CGM sensors - one CGM is to wear upon enrollment, the other CGM is for a six-month follow-up.